



THE LANGHAM  
Hong Kong

## **MASSAGE TREATMENTS**

### *Jet-Lag Relief Eliminator*

2 hours / HK\$1400

Being our signature massage this luxurious massage is an intensive treatment for your entire body. Combining stress reduction therapy with essential oils makes this a treatment to remember.

### *Chinese Acupressure*

45 mins / HK\$600 || 1 hour / HK\$800 || 1.5 hours / HK\$1200 || 2 hours / HK\$1500

Combining pressure and release massage techniques on specific points through your body will stimulate and release the pathways through which energy flow.

### *Traditional Swedish Massage*

45 mins / HK\$580 || 1 hour / HK\$750 || 1.5 hours / HK\$1100 || 2 hours / HK\$1400

This traditional massage uses strong localized movements and long rhythmic strokes to target deeper tension and promote full relaxation, with an invigorating blend of organic essences chosen in response to your individual needs

### *Aroma Infused Massage*

45 mins / HK\$580 || 1 hour / HK\$750 || 1.5 hours / HK\$1100 || 2 hours / HK\$1400

Relax with a light massage using an intoxicating blend of pure essential oils for their healing and soothing properties. The benefits of this treatment are deeply relaxing, calming and mind clearing.

### *Reflexology Remedy*

45 mins / HK\$580 || 1 hour / HK\$750 || 1.5 hours / HK\$1100 || 2 hours / HK\$1400

A therapeutic and holistic massage using acupressure and trigger point techniques, this is an ideal treatment for muscular tension release or after over exertion.

## **DECLEOR FACIAL TREATMENTS**

### *Aromatherapy*

1 hour / HK\$660

Using natural aromatherapy products, this treatment will soothe and calm your skin.

### *Instant Brightener*

1.5 hours / HK\$880

Exfoliation and cleaning restore energy to dull and lifeless skin.

### *Reset Regulator*

1.5 hours / HK\$880

Leaving your skin feel fresh and giving the epidermis a radiant finish.

### *Skin Rescue*

1.5 hours / HK\$880

Combined with rich anti-oxidants, this treatment helps the skin to remain visibly bright, hydrated and vibrant.

## WAXING TREATMENTS

<i>Full Leg</i>	40 mins / HK\$490	<i>Underarm</i>	30 mins / HK\$200
<i>Half Leg</i>	30 mins / HK\$320	<i>Eyebrow shape / Lip / Chin</i>	10 mins / HK\$160
<i>Back</i>	30 mins / HK\$450	<i>Bikini Line</i>	40 mins / HK\$580
<i>Full Arm</i>	30 mins / HK\$350	<i>Full Leg and Bikini Line</i>	60 mins / HK\$580
<i>Half Arm</i>	20 mins / HK\$280	<i>Full Leg and Full Bikini</i>	80 mins / HK\$980

## BODY TREATMENTS

*Body Exfoliation* 45 mins / HK\$580  
Smooths away unevenness and refines skin texture.

*Body Mask* 45 mins / HK\$580  
Moisturizing, purifying and lightening the skin.

## SPECIAL PACKAGES

*Plus Body Treatment* HK\$400  
Enjoy a Body Exfoliation or Body Mask at HK\$400 by purchasing any massage or facial treatment at the same time.

*Massage + Facial* 10% Discount  
Enjoy a 10% discount by purchasing massage and facial at the same time.

*Three Treatments* 20% Discount  
Enjoy a 20% discount by purchasing any three different kinds of treatments at the same time.

At least 90 minutes prior notice is required for any treatment arrangement. Please press the "2288" on your telephone to contact our Health Club staff for appointment.

Under cancellation policy, 50% of the treatment price will be charged if cancellation is made less than 90 minutes of the scheduled treatment time.

When making your treatment reservation, kindly advise us of any health conditions, allergies or injuries which could affect your treatment.

It is our wish to provide you with an environment of relaxation and tranquility. Please respect all guests' right to privacy and serenity. In view of this, the Health Club is a non mobile phone and smoke- free zone.