

# **MASSAGE TREATMENTS**

## **Jet-Lag Relief Eliminator (2 hours Treatment)**

Our Signature Massage. This luxurious massage is an extensive treatment for your entire body. Combined stress reduction therapies and essential oils make this a treatment to remember.

## **Classic Chinese Massage**

Combining pressure and release massage techniques on specific points through your body will stimulate and release the pathways through which energy flows.

## **Acupressure Reflexology**

A therapeutic and holistic massage using acupressure and trigger point techniques and is an ideal treatment for muscular tension release or after over exertion.

## **Traditional Swedish Massage**

This traditional massage uses strong localized movements and long rhythmic strokes to target deeper tension and promote full relaxation, with an invigorating blend of organic essences chosen in response to your individual needs.

## **Aroma Infused Massage**

Relax with a light massage using an intoxicating blend of pure essential oils for their healing and soothing properties. The benefits of this treatment are deeply relaxing, calming and mind clearing.

**45 mins / HK\$580**

**1 hour / HK\$750**

**1.5 hours / HK\$1100**

**2 hours / HK\$1400**

1 hour prior notice is required for any massage treatment arrangement. Please press the "Service Centre" button on your telephone to contact our Health Club staff for appointment.

As our guest, we encourage you to communicate your needs throughout the treatment. Our Therapists are highly trained and will continually adjust the treatment to your comforts levels. After your treatment, please enjoy our invigorating herbal tea, with our compliments.